



Sunday 13th July 2014 – Start 9.00am

Fancy some running tourism. Visit the historical Cathedral, the regenerated Docks, Gloucester Quays, run along the Gloucester and Sharpness canal and finish at Gloucester Park, whilst improving your fitness at the same time. Either run as an individual or as part of a team in our Corporate Challenge. The event is followed by Gloucester's Family Fun Day. The course is designed with sightseeing in mind and therefore has the odd twist or turn. However, it is predominantly flat and for most runners this is a potential PB course.

To enter or for further information go to:

www.rungloucester.co.uk

